

**REGISTRATION FORM - Sensitivity to Aging**

April 8, 2015

**REGISTRATION DEADLINE**

September 30, 2015

**NO REFUNDS After Registration Deadline**

**\$50 Fee Per Person - Checks Payable to [Area Agency on Aging District 7, Inc.](#)**

Agency/Facility Name \_\_\_\_\_

Name(s) of Participant(s) \_\_\_\_\_

Phone Number \_\_\_\_\_ E-Mail \_\_\_\_\_

Total Number Attending \_\_\_\_\_ Total Amount Enclosed \_\_\_\_\_

Please return completed registration form to:

Area Agency on Aging District 7, Inc. • Attn: Debbie Crawford • F32-URG PO Box 500 • Rio Grande, Ohio 45674-0500  
Questions? Call Debbie Crawford at 1-800-582-7277 • Fax - (740) 245-0029 • E-Mail - [dcrawford@aaa7.org](mailto:dcrawford@aaa7.org)



Area Agency on Aging District 7, Inc.  
F32-URG PO Box 500  
Rio Grande, Ohio 45674-0500

# Sensitivity to Aging

October 7, 2015

Comfort Inn  
7525 US Route 23  
Piketon, Ohio 45661



*Sensitivity to Aging* strives to make us aware of the special needs of the aging population, and the myths and stereotypes that are often associated with aging. Aging is a normal process and as we age, there are normal aging-related changes that develop from a psychosocial as well as physical perspective. It is the goal of *Sensitivity to Aging* to discuss these normal aging processes and how they affect the older adult. It is also the goal to make us aware of the impact of aging-related physical changes and how they affect the individual's ability to meet their everyday needs so that we, as professionals, can develop an understanding and empathetic approach as we help our aging client population meet these needs.

## **Objectives**

***After the course, participants will be able to:***

- Describe common attitudes and stereotypes about aging.
- Summarize demographics about the aging population.
- Describe social characteristics of older adults.
- Explain the impact of generational experiences on values and attitudes.
- Identify normal aging-related changes in older adults.
- Describe how aging-related sensory losses, decreased joint mobility, and decreased fatty tissues could affect an older person's feelings and functions.
- Discuss the impact of aging-related physical changes on the ability of older adults to do routine tasks.

# **Sensitivity to Aging**

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## **AGENDA**

9:00 am

Introduction

Module 1

*The Myths and Stereotypes of Aging*

10:00 am

BREAK

10:15 am

Module 2

*The Experience of Aging Losses*

12 Noon

Questions and Discussion

12:15 pm

Evaluation

*Approved for three (3) continuing professional education hours for social workers and counselors from the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board - #RCS011402. The Ohio Board of Nursing accepts social work hours for RN CEUs.*

*Approved for three (3) CEUs with the Board of Executives of Long-Term Services and Supports (BELTSS - formerly BENHA) - #111-C-15.*

*Approved by the Ohio Department of Developmental Disabilities for three (3) hours of CEUs for adult services/day habilitation and service and support administration - #1500237-1.*

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*The Area Agency on Aging District 7, Inc., does not discriminate on the basis of race, color, sex, religion, national origin or disability. If you need special accommodations due to a disability, please indicate so on the registration form.*

## **The Trainers**

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### **Tina Lightcap, LSW**

#### **Education**

*Miami University of Ohio, Bachelor of Philosophy, Minor in Social Work. Licensed Social Worker, State of Ohio. Sensitivity to Aging Train the Trainer, May 2005.*

#### **Employment**

*Tina has been employed with the Area Agency on Aging District 7 (AAA7) since 1995, where she has worked as an assessor and care manager, and is currently serving as the AAA7 Quality Assurance Manager. She has also worked in the past at Adams County Children's Services and Miami Valley Child Development Center in Dayton.*

### **Sandy Montgomery, RN**

#### **Education**

*Shawnee State University, Associate Degree, Nursing. Sensitivity to Aging Train the Trainer, May 2005.*

#### **Employment**

*Employed with the Area Agency on Aging District 7 since October 2003 as an assessor and care manager. Sandy has past experience at Pike County General Health District, Pineview Manor Nursing Home and Pike Community Hospital.*

